

## When Bad Tans Happen To Good People

Spray tanning is not an exact science, and if you are new to it, then there could be a learning curve until you and your spray tanning technician figure out exactly which product works best for your skin type. This sheet is not meant to concern you, but rather educate you in case you need this kind of information in the next couple of days. This is by no means an exhaustive list of the many tricks that can help undo a bad color result. You will see dozens of suggestions floating around on discussion boards and blogs in the sunless tanning community about this subject

**Hair:** The most important thing you can do to prevent this is to wear a hair cap during your sunless tan, and to massage a conditioner along your hairline prior to the application of the sunless tanning product. If some color still manages to get onto your hair, all you need to do is go to your local beauty supply store and pick up any *hair color remover* product. That should fix the problem.

**Face:** No one wants to have an off colored or splotchy face. If this happens, don't panic. Your face will fade faster than any other part of your body. That said, if you don't want to wait for the blotchiness to even out on its own, you can simply apply baking soda and massage it into your face until the sunless tan becomes more even. If it's the color that you are not satisfied with, then your best bet is a facial toner, preferably alcohol-free. That should do the trick.

**Fingernails and toe nails:** This particular tip has been around for a long, long time. If your nails are stained yellow (or any other color for that matter), you have a few options. It is widely accepted that Polident in a glass of water is a great soak to whiten your nails. And don't forget about homemade remedies like lemon juice.

**Palms and soles of feet:** This discoloration is so widely associated with sunless tanning that I want to make sure to address it. First off, it's best to try to avoid DHA coming into contact with your palms and the soles of your feet altogether. Barrier creams should be used on both your hands and the tops of your feet, along with Sticky Feet. If you end up with discolored palms or soles, then go to your local beauty supply store and purchase body hair bleach. Be sure to only leave this product on your hands or feet for a few minutes and then wash it off. I never left it on my feet (before Sticky Feet was around) for more than 10-15 minutes. You may have to repeat this process more than once, but it will lighten the discolored areas.

**Body:** This little trick will be handy for you whether you want to remove your entire tan before your next sunless tan application, or if you just had a bad sunless tanning color result. First off, relax; grab a robe and some baby oil. Massage the oil into your skin and then wait at least 30-45 minutes for it to absorb into your skin. Slip into a bath for about 10 minutes, and then gently exfoliate with a wash cloth. It may take more than one visit to the tub, but this will likely get you where you need to be.

Please contact us at ( ) \_\_\_\_\_ - \_\_\_\_\_ with any questions or concerns you may have about your spray tan, or to make a new appointment with your spray tanning technician.

Thank you.